
THE LOUNGE

est. 1923

HOUGHTON GOLF CLUB

BREAKFAST

served until 11am

MUESLI	R 95
Served with yoghurt and seasonal fresh fruit salad	
FRUIT BOWL	R 85
A large bowl of fresh fruit salad	
OATMEAL BOWL	R 90
Served with chia seeds, banana and berries	
SMASHED AVO	R 95
Served on toast topped with a poached egg, baby tomatoes, and balsamic vinegar	
CLUB BREAKFAST	R 129
Two fried eggs, three rashers of macon, a beef sausage, grilled tomato, fried mushrooms and two slices of toast	
HOUGHTON BREAKFAST	R 75
One fried egg, two rashers of macon, grilled tomato and a slice of toast	
POWER BREAKFAST	R 129
Two fried eggs, boerewors, baked beans, three rashers of macon and two slices of toast	
SCRAMBLE	R 65
Three scrambled eggs with two slices of toast	
OMELETTE	R 75
Served with two slices of toast	
POACHED EGGS	R 145
Served with a golden potato rosti, salmon and avocado	
BAGELS	
Served with egg, spicy macon and guacamole	
Served with egg and cheese	

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BREAKFAST

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KITKA

R 95

Cinnamon French toast with fresh berries and dulce de leche

FILLED CROISSANTS

Filled with scrambled eggs, smoked salmon and avo

R 149

Filled with scrambled eggs, grilled tomato and macon

R 115

Filled with scrambled eggs, grilled tomato and cheddar cheese

R 90

BREAKFAST WRAPS

Filled with scrambled eggs

R 68

Filled with scrambled eggs, macon and cheddar cheese served with a tomato salsa

R 95

Filled with scrambled eggs, mushrooms and cheddar cheese served with a tomato salsa

R 78

BENEDICTS

Two poached eggs served on an English muffin

Topped with hollandaise

R 90

Topped with spinach and hollandaise

R 105

Topped with macon and hollandaise

R 119

Topped with smoked salmon and hollandaise

R 149

KIDS BREAKFAST

R 68

Two scrambled eggs with fish fingers, one slice of toast and grilled cherry tomatoes

One slice of French toast served with mozzarella cheese and macon

R 65

Pancakes topped with syrup and banana slices

R 65

Peanut butter oatmeal topped with berries

R 65

Waffles served with syrup

R 60

HOUGHTON GOLF CLUB

LUNCH

served from 11am

STARTERS

Peri-peri chicken livers served with toasted bread	R 75
Salmon fish cakes served with a lemon cream cheese mousse	R 95
Crumbed mushrooms served with tartar sauce	R 90
Six vegetarian spring rolls served with sweet chilli sauce	R 70
Salmon tartar with avo, capers, red onion, kewpie mayonnaise and dill	R 165

HOUGHTON NIBBLES

Sticky BBQ chicken wings	R 98
Crispy fried chicken strips with honey mustard dip	R 115
Pulled chicken steamed bun served with coleslaw	R 120
Houghton fourball platter served with beef strips, chicken strips, samosas, chicken wings and chips	R 550

SALADS

Traditional Greek salad	R 109
Chicken, avo and peppadew salad	R 155
Tuna niçoise salad with boiled egg and olives	R 135
Smoked salmon salad with caper berries, avo and red onion	R 160
Honey-coated halloumi salad with sesame seeds and avo	R 139
Roasted butternut salad with toasted sunflower seeds, feta, and balsamic vinegar	R 120
Caesar salad with chicken, lettuce, parmesan shavings, croutons, boiled egg and anchovy dressing	R 145
Mediterranean couscous salad in an olive oil and balsamic vinegar dressing	R 125

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DELUXE SANDWICHES

Served on Ciabatta bread

Smoked chicken, preserved oranges, avo and nutty rocket	R 138
Smoked salmon salad served with capers, avo, and cream cheese	R 160
Toasted steak sandwich with grilled onion and yellow mustard	R 105
Rare roast beef smothered in brie cheese, caramelised onions and piccalilli	R 145

SANDWICHES

Served on Rye | White | Brown | Health

Chicken Mayo	R 60
Tuna Mayo	R 55
Cheese	R 38
Cheese and Tomato	R 42
Pastrami with mustard, sauerkraut and gherkins	R 119
Macon, egg and cheese	R 75
Macon and cheese	R 68

BAGELS

Pastrami bagel with piccalilli and caramelised onions	R 115
Smoked salmon bagel with cream cheese, cucumber and capers	R 149
Halloumi bagel with red pesto and avo	R 98

WRAPS

Chicken wrap with fries	R 109
Beef wrap with fries	R 125

NACHOS

Beef	R 135
Chicken	R 130
Cheese	R 110

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BURGERS & PREGOS

Served with golden crispy fries or fresh salad

Houghton gourmet beef burger	R 115
Juicy 180g flame-grilled beef patty with homemade BBQ sauce	
Houghton cheese beef burger	R 125
Juicy 180g flame-grilled beef patty with homemade BBQ sauce topped with mature cheddar cheese	
Tropic Burger	R 155
Pure beef patty grilled to perfection, topped with avo, pineapple and macon	
Crumbed chicken burger	R 145
Crispy golden crumbed chicken breast, fried to perfection, topped with a tangy coleslaw	
Classic Chicken Burger	R 110
Juicy, tender grilled chicken breast served on crisp lettuce, ripe tomato, with crispy onion rings	
Beef Prego	R 145
Tender, juicy beef steak marinated in garlic and Portuguese spices, flame-grilled to perfection	
Chicken Prego	R 110
Flame-grilled juicy chicken breast fillet marinated in garlic and Portuguese spice	

PASTA

Served with Penne | Spaghetti | Linguine

Creamy Mexican beef mince, parmesan cheese and chillies	R 158
Cajun chicken with feta and sundried tomato served with cream	R 158
Napoletana sauce	R 95
Bolognaise sauce	R 135
Beef strips with mushrooms, tomatoes and garlic	R 168
Creamy alfredo with macon and mushrooms	R 145
Prawn aglio e olio	R 165
Spinach and ricotta ravioli with a creamy mushroom sauce	R 130
Ginger chicken stir fry with garlic, ginger, seasonal vegetables, soya sauce and egg noodles	R 165

LUNCH

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PIZZA

Focaccia with garlic or herb	R 70
Traditional margarita	R 88
Beef strips, BBQ sauce, mushrooms and cocktail tomatoes	R 178
Macon and avo	R 158
Roasted peppers, caramelised onion, pesto and feta	R 138
Butternut, caramelised onion and feta	R 130
Mexican spiced mince, onions, green peppers and chillies	R 158
Chicken strips, BBQ sauce, pineapple and avo	R 158
Meat lover's with beef strips, mince and macon	R 205
Beef salami	R 145

CHICKEN

Chicken and leak pie served with a fresh garden salad	R 128
Butter chicken curry served with basmati rice, carrot salad and roti	R 155
Chicken schnitzel with a cheese and crispy macon sauce served with potato wedges	R 148
Grilled chicken breast with BBQ or plain basting served with seasonal vegetables	R 118
Grilled chicken breast stuffed with sundried tomatoes, spinach and feta served with potato wedges	R 140
Spatchcock chicken roasted in the pizza oven with a choice of Prego, lemon & herb, peri peri or BBQ sauce served with sweet potato wedges	R 155

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MEAT

250g Sirloin steak served with a red wine jus and steakhouse chips	R 175
250g Ribeye steak served with a red wine jus and steakhouse chips	R 190
250g Rump steak served with a mushroom sauce and steak house chips	R 175
300g Lamb chops served with creamy mashed potatoes and roasted seasonal vegetables	R 270
250g Beef fillet served with a mushroom sauce, butternut and cream spinach	R 275
300g Lamb chops with boerewors, chicken wings, pap, gravy and chakalaka	R 195
Braised oxtail in red wine served with creamy polenta, peas and roasted carrots	R 198

SEAFOOD

Chips & Rice | Salad | Seasonal Vegetables

Prawns lemon & garlic butter | peri peri sauce (extra R30.00)

London-style hake served with fries and tartare sauce	R 145
Grilled salmon served with steamed vegetables	R 298
Six queen prawns served with chips and rice	R 175
Four queen prawns and hake served with chips and rice	R 220
Four queen prawns and 180g sirloin steak served with chips and rice	R 245
Four queen prawns and grilled chicken breast served with chips and rice	R 220
Traditional seafood curry served with basmati rice, sambals and chutney	R 195
Grilled kingklip fillet served with coriander-infused rice, wilted spinach and a lemon butter sauce	R 210
Grilled baby kingklip on the bone served with coriander-infused rice, wilted spinach and lemon butter sauce	R 248

HOUGHTON GOLF CLUB

DESSERT

served from 11am

Houghton mini cheesecake	R 85
Brownie sandwich with Nutella filling served with ice cream	R 85
Apple crumble served with ice cream or fresh cream	R 85
Ice cream with bar one sauce	R 70
Fruit salad and ice cream	R 95
Oreo ice-cream sandwich	R 95

KIDDIES MENU

MAINS

Mac 'n' cheese baked in a pizza oven	R 72
Spaghetti Bolognese	R 72
Spaghetti with Napoletana sauce	R 60
Junior Margherita pizza	R 55

The meals below include a side of chips or potato smileys:

Junior chicken strips	R 68
Beef hot dog with fries	R 65
Mini beef burger	R 65
Chicken nuggets	R 75
Mini chicken slider	R 65
Fish fingers	R 68

DESSERT

Vanilla or strawberry soft serve ice cream	R 18
Vanilla ice cream with chocolate sauce	R 25

HOUGHTON GOLF CLUB

SUSHI

served from 11am

SPECIALITY

Vegetable rainbow rolls	4 Pieces	R 75
Salmon Tuna rainbow rolls	4 Pieces	R 85
Salmon roses	3 Pieces	R 98
Salmon Tuna sashimi		R 125
Prawn tempura		R 85
Prawn & salmon dragon rolls	4 Pieces	R 98
Tuna California crunch roll	4 Pieces	R 98
Salmon & cream cheese crunch roll	4 Pieces	R 105
Crab cucumber rolls	4 Pieces	R 69
Prawn Tuna Salmon cucumber rolls	4 Pieces	R 98
Prawn tsunami	4 Pieces	R 105
Salmon mayo California rolls	4 Pieces	R 95
Strawberry bean curd	2 Pieces	R 105
Avo Cucumber bean curd	2 Pieces	R 70
Salmon Tuna bean curd	2 Pieces	R 88
Prawn bean curd	2 Pieces	R 88
Salmon Tuna Houghton stack	4 Pieces	R 95
Sweet chilli hake nuggets		R 85
Salmon Tuna Sushi salad		R 158
Prawn, salmon and tuna bomb		R 85
Salmon Tuna seared salad		R 168
Hand roll Tuna Salmon		R 105
Hand roll prawn		R 100
Hand roll vegetarian		R 78

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SUSHI

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MAKI (4 PIECES)

Avo or Cucumber

R 49

Salmon or Tuna

R 65

Crab or Prawn

R 62

CALIFORNIA ROLLS OR FASHION SANDWICH (4 PIECES)

Cucumber or Radish

R 62

Crab

R 65

Prawn, Salmon or Tuna

R 90

PLATTER (8 PIECES)

R 175

2 x Salmon California rolls

2 x Tempura prawns

2 x Salmon sandwich

2 x The Bomb

PLATTER (10 PIECES)

R 205

4 x Salmon California rolls

2 x Tuna nigiri

2 x Salmon sandwiches

2 x Prawn tsunami

PLATTER (12 PIECES)

R 250

2 x Salmon & mayo California rolls

4 x Dragon rolls

4 x Futo maki

2 x Salmon stack

PLATTER (16 PIECES)

R 295

2 x Prawn California rolls

4 x Salmon rainbow rolls

4 x Tuna crunch rolls

4 x Tempura prawns

2 x Salmon stack

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