

GOLF COACHING

HOUGHTON GOLF ACADEMY



COSTANZA TRUSSONI
GOLF



COSTANZA TRUSSONI

Costanza specializes in motor learning, skill acquisition, and long-term coaching for long-lasting improvement. Costanza played professionally for 10 years, which has given her deep insights into the game from a player's perspective. For the past 20 years she has been coaching as a PGA Professional, honing her ability to guide golfers in achieving their best performance.

Credentials:

- LET Member
- Fellow PGA Professional
- Coach of SA Women National Squads
- TrackMan Master
- Performance Coach
- Level 3 TPI Golf Instructor

COACHING SESSIONS AND ASSESSMENTS

**Private session/assessment
fees**

1 x 45 min R925

1 x 90 min R1850



COACHING PACKAGES

Skill Lab package
4 x 45 min sessions

R3500

Of these 4 sessions we may opt to have 1 x 90 min session - coaching block/on course training.



COACHING PACKAGES

Elite Juniors package
5 x 45 min sessions

R4250

Of these 5 sessions we may opt to have 1 x 90 min session or more - coaching block/on course training.



PACKAGES BENEFITS

-
- **Access to Houghtong Golf course during on course training sessions.**
 - **Access to TrackMan portal.**
 - **TrackMan screencasts/Sessions notes.**
 - **Supporting e-books.**



TERMS & CONDITIONS

-
- Packages include a discount and are paid upfront. Split payments available.
 - Sessions expire after three months from the first session.
 - Cancellation policy - no show or less than 24h notice the session is forfeited.





RUBEN LABUSCHAGNE

Ruben works along with Costanza and he is the Head Coach at the HGC Academy. Ruben is a AA PGA qualified Professional and he is an experienced coach who loves the game of golf.

In his own words "It never feels like a job as I love what I do. I believe in the ability of golf to also teach and refine virtues including honesty, trust, courtesy, responsibility, discipline, dedication". Ruben enjoys coaching everyone, from beginners to elite players. He has extensive experience with kids and juniors development.

COACHING SESSIONS AND ASSESSMENTS

**Private session/assessment
fees**

1 x 45 min R650

1 x 90 min R1300



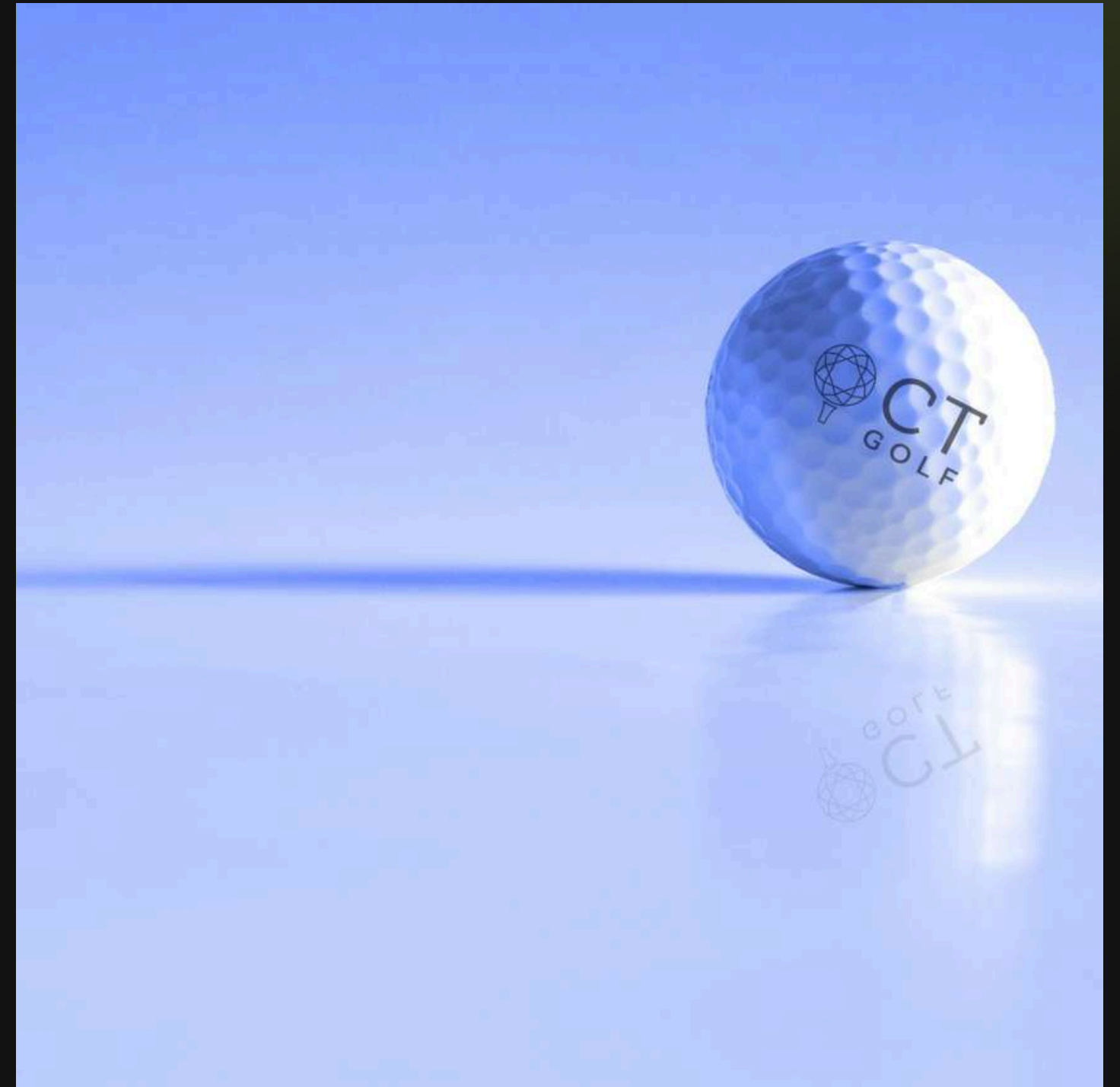
COACHING PACKAGE

5 x 45 min sessions

R3000

Of these 5 sessions we may opt to have 1 x 90 min session-coaching block/on course training.

Please contact Ruben directly for semi-private/ group sessions of 2 to max 4 players.



KIDS INSTRUCTION

6 to 10 years old

Private session

1 x 30 min R500

Package

4 x 30 min R1850



Please contact Ruben directly for semi-private/ group sessions of 2 to max 4 kids.

TERMS & CONDITIONS

-
- Packages include a discount and are paid upfront.
 - Sessions expire after three months from the first session.
 - Cancellation policy - no show or less than 24h notice the session is forfeited.



CONTACT INFORMATION

0 7 2 6 3 3 6 9 7 2



WWW.COSTANZAGOLF.COM



costanzagolf@gmail.com



HOUGHTON GOLF CLUB
CNR OSBORNE AND
GRANT AVENUE, 2194
LOWER HOUGHTON - JHB

R u b e n L a b u s c h a g n e

0 8 3 4 5 3 1 9 6 1

ruben.mlabuschagne@gmail.com